## 2021-2022 Human Growth & Development

### Event Summary

Human Growth & Development provides members with the opportunity to gain knowledge and skills regarding biophysical, mental/cognitive, social, and emotional development in the human life span. This competitive event consists of a written test with a tie-breaker essay question. This event aims to inspire members to learn more about growth and development across the life span.

### Dress Code

Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for [proper dress](#).

### General Rules

1. Secondary and Postsecondary / Collegiate divisions are eligible to compete in this event.

2. All competitors shall report to the site of the event at the time designated for competition. At ILC, competitor’s [photo ID](#) must be presented prior to ALL competition rounds.

3. [Academic Competition Events](#) will be hosted on **March. 19. 2022 at 여의도 전경련회관, Conference Hall 2F, AM 10:00**

### Process

4. **Official References:**

5. **Written Test:**
   The written test will consist of 100 multiple choice items in a maximum of 90 minutes.

6. **Essay Question:**
   One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.

7. **The test plan and resources for Human Growth & Development:**
   - Healthy People 5%
   - Government influence on Health 6%
   - Cultural considerations 5%
   - Family Influences 10%
   - Theories of Development 10%
   - Prenatal 7%
   - Infant 5%
   - Early Childhood 10%
<table>
<thead>
<tr>
<th>Stage</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Middle Childhood</td>
<td>6%</td>
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<tr>
<td>Adolescence</td>
<td>5%</td>
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<tr>
<td>Adulthood</td>
<td>15%</td>
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<tr>
<td>Advanced old age and Geriatrics</td>
<td>5%</td>
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<tr>
<td>Planning for end of life</td>
<td>3%</td>
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<tr>
<td>Loss, Grief and Bereavement</td>
<td>5%</td>
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<tr>
<td>Communication</td>
<td>3%</td>
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